

May 27, 2016  
TSXV: ELM

**FOR IMMEDIATE RELEASE**

**ELEMENT LIFESTYLE RETIREMENT INC. ANNOUNCES GRANT OF STOCK OPTIONS**

**Vancouver, B.C. May 27, 2016:** Element Lifestyle Retirement Inc. (the “Company”) has granted, under its Stock Option Plan, incentive stock options to the directors of the Company to purchase up to an aggregate of 1,000,000 common shares in the capital of the Company exercisable for a period of five years ending on May 26, 2021 at a price of \$0.20 per share.

**About Element Lifestyle Retirement**

Element was established in June 2013 in Vancouver, British Columbia. It is in the business of providing specialized development expertise and flexible, innovative management services for senior retirement communities. The core business of Element is the development and management of third party assets in the “senior retirement community” space. Element aspires to be one of the most respected senior living specialists in North America, emphasizing the “Continuum-of-Lifestyles” model, which encompasses a smooth, seamless transition for seniors from independence to assisted living to complex care. The management team of Element has over 20 years of experience developing and operating retirement communities.

**ON BEHALF OF THE BOARD  
ELEMENT LIFESTYLE RETIREMENT INC.**

*“Michael Diao”*

Chief Executive Officer and Director  
Telephone: (604) 676-1418  
[www.elementlifestyleretirement.com](http://www.elementlifestyleretirement.com)

*Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*